Seasonal Depression is Possible in Summer

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Registration is Now Open for Sherman Oaks Street Fair

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ENCINO ENTERPRISE

Volume 5, Issue 100 | A Compendious Source of Information | July 18, 2024

NEWS IN BRIEF

Burglar Robs Same Encino Home Twice Within One Week

Last Thursday, police responded to a break-in near Edgerton Ave and Moorpark St. in Encino around midnight. A grandmother, her grandchild and a house employee were in the home, heard the noise and called 911. The burglars, who had shattered a sliding glass door, made it to the second level of the home where they ransacked the primary bedroom. Police believe when the burglars realized the home wasn't empty, they fled. That same home was burglarized again on Monday when it was unoccupied. Security cameras on the cul-de-sac caught a light-colored SUV with three hooded individuals fleeing the scene.

Congressman Sherman to Host Town Hall July 25

Congressman Brad Sherman will host a Telephone Town Hall on Thursday, July 25, from 7 to 8 pm. The Congressman will make opening remarks and then answer questions on any issues facing Congress. To participate call (855) 920-0548 any time during the Town Hall. RSVP at BradSherman.house.gov/RSVP.

Tarzana Vons To Be Sold in Grocery Merger

A proposed merger between Albertsons and Kroger includes plans to sell off 63 California locations. Albertsons is the parent company of Safeway, Vons and Pavilions. Kroger brands locally are Ralphs and Food 4 Less. The $25 billion mega merger is pending federal approval, as the Federal Trade Commission sued to block the acquisition earlier this year. Concerns are that the deal would eliminate competition, raise prices and reduce choices for shoppers. If approved, the plan is to sell more than 400 stores across the country to C&S Wholesale Grocers, a New Hampshire-based company that owns Piggly Wiggly and Grand Union stores. On the possible chopping block are the Vons at 18439 Ventura Blvd. in Tarzana, the Pavilions at 14845 Ventura Blvd.. in Sherman Oaks and the Vons at 4033 Laurel Canyon Blvd. in Studio City. Kroger's CEO said that the deal included commitments from C&S to keep those stores open and operating. The suit goes to trial in August.

Tell Me More, Tell Me More! NoHo Summer Nights Channels Grease in Two Upcoming Events

Tribute band The Roaries.

Oh, those summer nights...are a great time to enjoy free community events from the Valley Cultural Foundation!

Their NoHo Summer Nights continue this upcoming weekend on Saturday, July 20 with a performance by The Roaries - an Oldies and *Grease* tribute band. You're the one that they want to come out and sing along! Emerging artist Smitten will take the stage at 7 pm, with The Roaries headlining at 8 pm.

After you've sung your heart out to some of the movie's most famous tunes, mark you calendars for a week later when those songs will come alive on the big screen.

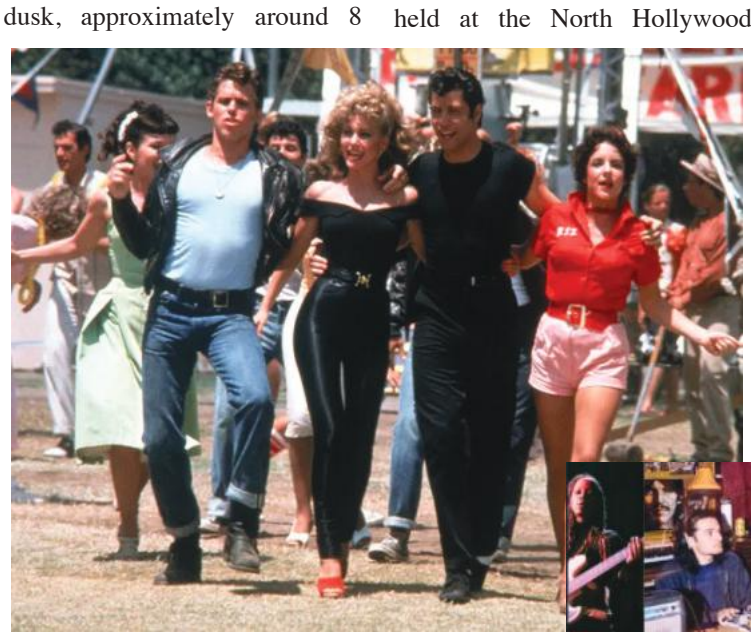
Grease will be the next free movie screened on Saturday, July 27. The movie will start at dusk, approximately around 8 pm.

Valley Cultural Foundation is hopelessly devoted to you, with *Grease* times two!

Both events will be held at the North Hollywood Recreation Center (11430 Chandler Blvd.), so head over with friends and family early to grab your spots. Before the performance and screening, allow time to explore the food trucks, local vendors and free immersive arts and crafts that will be available.

Parking is available at the recreation center parking lots, areas surrounding the park and the North Hollywood Metro station.

Valley Cultural Foundation, with the Department of Cultural Affairs and Council District 2, puts on this 10-week concert and movie series.



Grease up those dancing skills to jive along with the most successful movie musical of the '90s. Emerging artist Smitten, at right, will take the stage at 7 pm.

CALENDAR

There are better ways to get acquainted.

As a local business, you're always looking to meet new contacts and find ways to grow your business. The Sherman Oaks/Encino Chamber of Commerce offers easy, fun and useful ways to make new connections and find new resources. Got a problem? Need some help?

We're here to get you what you need to succeed. Call us today at 818-906-1951 or email us at hello@shermanoaksencinochamber.org.

Learn what we can do for you.

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July 20 The Roaries
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with Emerging Artist Smitten

Aug 3 Element Band
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with Emerging Artists Armenian Dance Showcase

Aug 17 Blank Space
Taylor Swift Tribute
with Emerging Artist It's Britney Beep

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July 13 PAW Patrol
July 27 Grease
Aug 10 Barbie
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Visit ValleyCultural.org for more info!

DCA DEPARTMENT OF CULTURAL AFFAIRS City of Los Angeles

Concert and movie lineup subject to change.

Valley Cultural FOUNDATION

Community Calendar

* Encino Neighborhood Council's next general board meeting will be on Wednesday, July 24, from 7 to 9 pm. Meet the new ENC President and hear about upcoming community events. See more info at encinonc.org.

* Tarzana Community and Cultural Center will be holding their next Tarzana Music Night on Friday, July 26, from 7 to 10 pm. Performers include Art Podell, Tracy Newman, Robert Morgan Fisher, JK Jones, Betsy Jill Jackson, Paula Fong, Mike Berman, Jimi Yamagishi, Sal Guitarez, Mike Baber, Karen Turner, Dr. Generous, Ray Williams, Dave Morrison, Claire Bloom and Brent Hahn. Special guest Andy Kahn will perform a 20-minute set at 8 pm. Tickets are $5 and can be purchased at the door or through mytarzana.org.

* Join the Sherman Oaks Encino Chamber of Commerce for their next "Mix and Mingle Live" on Tuesday, July 23, from 5:30 to 7 pm at Marmalade Cafe (14910 Ventura Blvd.) Make new connections and have great conversations over light bites. The cost is $20 for members and $30 for guests before July 22. RSVP at shermanoaksencinochamber.org.

* San Fernando Valley Audubon Society is continuing to work with partners, the Friends of the Los Angeles River (FoLAR) and the California Native Plant Society (CNPS) on the ongoing habitat restoration efforts in the Sepulveda Basin Wildlife Reserve. This group will gather on Saturday, July 27, from 8 to 11 am to work and weed. If you would like to get involved and get your hands dirty, this is for you! Plus, there will be a guided Audubon walk after the work. For more info, and to sign up, visit sfvaudubon.org/events/sbwr-habitat-restoration-5.

* Celebrate summer with the musical melodies of Vivaldi at the West Valley Regional Library on Saturday, July 20, at 2 pm. Paul Stein, a violinist with the Los Angeles Philharmonic, will bring the music and excitement of Vivaldi's *Four Seasons* to life. Also, the charming Fiddlin' the Fiddle, Czardas, and the Hot Canary will round out the program. Children will learn how to use rhythm instruments and find out how violins are made. All ages are welcome!

* Tarzana Community and Cultural Center is partnering with Nueva Vision Community School and the Los Angeles Department of Cultural Affairs to present a free Music and Arts Festival at Reseda Park (18411 Victory Blvd.) on July 20, from 10 am to 4 pm. There will be live music, dance, interactive workshops, food trucks, face painting and other fun activities. Live performances throughout the day include Nadia Calmet, Yocoya, Playin' Out, The Eyeball Cowboys, JG3, and the Nueva Vision Community School Student and Teacher Bands.

* The Encino Tarzana library is in need of and welcomes gently used book donations. Donations are accepted any time the library is open. Library volunteers are available on Thursdays, from 12:30 to 3:30 pm to offer some assistance.

These items will not be accepted:
Please no encyclopedias, real estate, medical or law books, how to books, text books, foreign language (except Hebrew and Farsi), catalogues or magazines.

* Tarzana Neighborhood Council will hold their general board meeting on Tuesday, July 23, at 7 pm. The meeting will be held at the Tarzana Child Care Center (5700 Beckford Ave). For more info, visit tarzananc.org.

* Westfield Fashion Square, in partnership with American Red Cross, will be holding a blood drive on Wednesday, July 31. Blood donations typically drop during the summer, so to incentivize people, anyone who donates will receive a Red Cross umbrella and a Fandango

COMMUNITY

People in the News

Local Coffee Bean manager **Gabby Pena** was honored for making a difference in her community. Their location at 18505 Ventura Boulevard in Tarzana did not have a manager during COVID, and was suffering. Regional managers were running it remotely and customer satisfaction was down and complaints were up. Coffee Bean transferred Pena from another location over two years ago and she turned the store around, both financially and from a customer service perspective. She has been honored by several local officials, including Councilman Bob Blumenfield and Congressman Brad Sherman. Pena is shown at left, center, with Councilmember Blumenfield's Director of Development **Jill Kline**, and Majarian Publishing President **Varant Majarian,** who is a frequent customer at the Coffee Bean and suggested the recognition to local officials.

Los Angeles Jewish Health has appointed long-time supporter **Judy Friedman-Rudzki**, at right, as Chair of its Board of Directors. Friedman-Rudzki, a prominent Los Angeles-based Director and Senior Treasurer officer at Bank of America, will serve a two-year term.

In her new leadership role she - only the second woman to occupy the position - will collaborate with senior leaders of the organization as well as colleagues and the broader community to advance the mission of LAJH, one of the nation's foremost leaders in the provision of care and living options for seniors.

As board Chair, Freidman-Rudzki will spearhead and coordinate the efforts of diverse board professionals whose volunteer service helps strengthen LAJH.

She has served in a broad array of leadership capacities at LAJH dating back to 2009, including serving on the Strategic Planning Committee, Budget and Financial Committee, and boards for Grancell Village and Eisenberg Villages of LAJH.

English Channel

By Rodger Sterling

English Channel offers the best of the late editor Rodger Sterling's columns that ran continuously in the local papers since 1968.

* Thought for the day: If there is a "heavens no" and a "hell yes," why isn't there a "purgatory maybe?"

* Did you know that you can't use "beef stew" as a security password? It's just not stroganoff...

* A wag writes to us with this thought: Why do they call it "getting fixed" if afterwards it doesn't work anymore?

* Another simple thought from a simple mind: They call a nun that walks in her sleep a "roamin' Catholic."

* Wanna know what love is? It's an extension of like. Want to know what lust is? An extension.

* Louise Reimer relates this story - about her friend who argued that wine was a diet fix. "She told me," says Louise, "that you can work off extra weight after drinking wine looking for your car."

* Seen on a bar on Ventura: If life is a waste of time and time is a waste of life, let's all get wasted together and have the time of our lives.

* Native Californias will no doubt understand this "Seasons of California" timeline posted online:

-false winter
-fools spring
-actual winter
-spring of deception
-road construction
-actual spring
-summer
-fire
-false fall
-second summer
-actual fall

* How do Mr. and Mrs. Potato Head solve their marital problems? They hash it out...

Congressman Brad Sherman

TELEPHONE TOWN HALL

THURSDAY ✦ JULY 25, 2024

7:00 – 8:00 pm

A Telephone Town Hall operates like a large conference call, where you will hear Congressman Sherman's opening remarks and then ask questions on any issue facing Congress.

To Participate call (855) 920-0548 any time during the Town Hall. RSVP at: BradSherman.house.gov/RSVP

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Valley Vantage, Warner Center News, Las Virgenes Enterprise and Encino Enterprise are published weekly by Kathleen Sterling. Offices are located at 22025 Ventura Blvd. #303, Woodland Hills CA 91364. Phone 818.313.9545 / Fax 818.302.1417. Email valleynewsgroup@gmail.com. Website: www.valleynewsgroup.com. Opinions expressed in articles are those belonging to the article's author and do not necessarily reflect the view of the Publisher or its advertisers. Submissions are welcome and must include name, address and phone. All submissions become the property of the Publisher. Valley Vantage is a legally adjudicated newspaper of general circulation serving the County of Los Angeles by Superior Court Degree No. SFC 858.

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Registration Now Open for the 32nd Annual Sherman Oaks Street Fair

Join the Sherman Oaks Encino Chamber of Commerce for the 32nd Annual Street Fair on Sunday, October 20, from 10 am to 6 pm.

As the largest single day event in the San Fernando Valley, the Sherman Oaks Street Fair brings up to 100,000 eager consumers to Ventura Blvd, between Kester Ave. and Van Nuys Blvd.

Sponsorships and booths are now available and if you register by July 31, you can lock in 2019 vendor rates! Rates increase August 1, so get your spot soon!

From local businesses to food booth vendors, the fair is looking for it all! Chamber members and non-profits can inquire about discounted rates and final registration must be locked in before September 30.

This free community event will have live music, a community performing arts stage, shopping, a carnival, company activations, non-profit displays, a pet zone and a beer and cocktail garden for those over 21 years of age.

For more information on booths and sponsorship opportunities, visit

shermanoaksstreetfair.org or email Sherman Oaks Encino Chamber CEO Vickie Martinez at hello@shermanoakschamber.org.

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Valley Film Fest Rolls Out August 1

The 2024 Valley Film Festival (VFF) unveiled its film lineup, offering a diverse showcase of narrative and documentary films, filmed locally across Los Angeles and from all corners of the world.

Taking place August 1 through 8, to coincide with the Valley's area code (818), this will also be VFF's last festival in North Hollywood, as the Laemmle NoHo 7 prepares to close its doors.

Taking place August 1 through 8, to coincide with the Valley's area code (818).

VFF kicks off on Thursday, August 1, with the Los Angeles premiere of *A Little Family Drama*, a feel-good story about a Mexican-American family whose lives revolve around their legendary restaurant and their annual family reunion dinner, oblivious to the fact that a shattered taco truck dream is about to change everything.

Directed by VFF alumna Nadia Zoe, James Khanlariarian's *The Ghost Trap* nabs the Centerpiece Screening, with its Los Angeles premiere, Saturday, August 3. Based on the novel by K. Stephens, it is the haunting story of a young lobsterman (Zak Steiner) struggling with the responsibilities of a head-injured fiancé (Greer Grammar) and mounting trap wars in a small Maine lobstering community.

Featuring Heather Thomas (*The Fall Guy*) and Xander Berkeley (*Star Wars: Tales of the Empire*, *The Mandalorian*), the world premiere of *Tomorrow, You Pretty Ghost* will close out the 24th Annual Valley Film Festival. Directed by Alex Morand and Rocky Pajarito, the suspenseful horror film follows two friends who pull off a prank with grim consequences. It features David Brown (TV's *Jury Duty*), Abigail Sims (*25 Cents Per Minute*), Everardo Barriga (VFF19's *Lost Treasure of the Valley*) and Cricket Arrison (*Give Me Pity*).

"I strongly believe that media has the power to change perspectives and lives and am committed to delivering a festival program that celebrates storytelling and that sparks conversation," said VFF founder, Tracey Adlai. "We continue to be dedicated to supporting local productions with our signature 'Made in the (818)' programming, spanning the run of the festival, and engaging with our audience through films, from across the world, in all genres."

The final program was 100% selected from submissions and reflects 44% of films directed by women and 56% directed by men. For more updates on follow @ValleyFilmFest, #VFF24 and #UnitedByFilm, on Instagram, Facebook, TikTok, and X.

A complete screening schedule and tickets can be found at ValleyFilmFest.com.

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Celebrate Summer With a Hot Tub!

Summer nights mean barbecues, outdoor dining...and watching the stars from your own backyard spa!

Longtime Warner Center business owner Peter Sabat says business is hot at Hydro-Spa, where he carries the three premium names in spas - Bull Frog, Sundance and Hydropool.

Sabat has been at the same location at 6559 Topanga Canyon Blvd., just across from Westfield Topanga, for 35 years. He credits his success to taking care of his customers' needs, saying, "We're not a big box store. A hot tub is something people want to see, feel and sit in! We give them great value and great service."

Hydro Spa carries spas, swim spas and saunas, as well as all accessories, chemicals and pool supplies. They also offer a weekly service for customers who don't want to worry about chemicals and maintenance themselves.

The spas run from $5,000 to $20,000 depending on size, and Sabat says the electricity to keep a spa hot is only about $22 a month. "They're always ready to use. If you get home from a hard day and want to jump in - it will be ready."

Peter and Jake Sabat at the Hydro Spa Showroom in Warner Center.

It's a family business, with his son and daughter working at the store as well. "We're the neighborhood spa store," Sabat told *Valley News Group*. "Come in and talk to us about what you want and what you need, and we'll deliver it to your door!"

For more information on Hydro Spa products and the services they offer, visit hydrospaoutlet.com or call (818) 992-7722.

Toxic Materials Found in Tampons

New research that has come out of UC Berkely, Columbia University and Michigan State University has found that tampons may contain toxic metals.

In testing 30 tampons from 14 brands and 18 product lines, including organic lines, researchers found "measurable concentrations" of 16 metals, including lead and arsenic in every single tampon. Organic tampons yielded higher levels of certain metals, most likely as a result of the fertilizers used in the soil of organic cotton fields.

Researchers found "measurable concentrations" of 16 metals, including lead and arsenic in every single tampon.

More analysis needs to be undertaken to determine what these toxic materials mean for one's health, but it is concerning as an estimated 52 to 86% of American females use tampons.

"To our knowledge, our study is the first to assess concentrations of metals in tampons, despite the potential for substantial vaginal absorption of metals and the widespread and frequent use of tampons among menstruators," the study's authors wrote.

While tampons are regulated for product safety, they currently do not require chemical testing. Given the nature of how tampons are used, direct contact means the metals could be more easily absorbed into the body. Past research of chronic metal absorption has been linked to increased risk of dementia, cancer, infertility and other health issues.

Some responded to this study pointing out that the toxic materials are equivalent to the small amounts you might find in drinking water, and is essentially harmless, while others are advocating for a more thorough testing process and production of tampons.

There has long been a cultural stigma about menstruation, and controversy regarding availability and taxing of products, that this new research only adds to the taboo nature of said topic. Currently, the U.S. Food and Drug Administration is reviewing the study.

HEALTH

Can Gut Microbiomes Link to Autism?

Autism, a neurological and developmental disorder, has long been controversial in both its diagnosis and its origin. Researchers in China recently published a study in *Nature Microbiology* that suggests that one's gut microbiome could be a more objective way to diagnose early signs of autism.

While autism is a spectrum disorder and can be diagnosed at any age, symptoms generally appear in the earliest years of a child's life. In the study, researchers studied stool samples from kids aged one to 13 and noticed that the microbes varied greatly in autistic children compared to non-autistic children.

Fifty-one types of bacteria, 18 viruses, 14 archaea, seven fungi and a dozen metabolic pathways were altered in autistic children. Analyzing the microbes and digestive system, researchers were able to accurately identify those with autism 82% of the time.

The study does stress that the difference in microbes isn't the cause of the autism, but rather could influence the severity of the symptoms.

"While genetic factors play a substantial role in autism, the microbiome could act as a contributing factor by modulating immune responses, neurotransmitter production, and metabolic pathways," Professor Qi Su at the Chinese University of Hong Kong said.

What this possibly means is that a stool sample taken early in life could aid in identifying autism, allowing for more effective treatment and support on how to move forward.

However, like any medical diagnosis, it's not a clear-cut answer. Scientists have long debated the components, and genetic factors, that contribute to autism. Due to its spectrum nature, symptoms could present themselves in a myriad of ways. Autistic individuals do have varied bacteria in their gut, but is that because autistic children tend to be picky eaters?

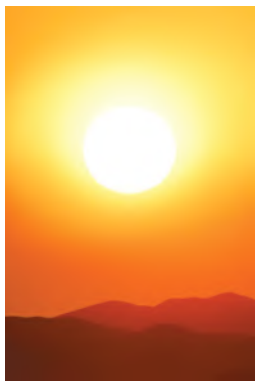
Gut microbiome, or the community of microorganisms inside one's digestive tract, is still being widely studied to figure out how it affects one's moods, thinking and decision making. While not definitive, studying microbiomes can factor in just one puzzle piece of the greater diagnosis.

"While genetic factors play a substantial role in autism, the microbiome could act as a contributing factor by modulating immune responses, neurotransmitter production, and metabolic pathways," Professor Su said.

"Usually it takes three to four years to make a confirmed diagnosis for suspected autism, with most children diagnosed at six years old," Su said. "Ultimately, this broad scope increases the potential to develop more effective, noninvasive diagnostic tools and therapeutic strategies for autism."

Seasonal Depression is Possible in Summer Too

While seasonal affective disorder, or SAD, is most likely associated with the winter months, it is possible to suffer the same depression during the summer months instead. Whether rain or shine, mental health can be negatively affected by major seasonal changes. When it occurs during the warmer months, the National Institute of Health refers to this as summer sadness.



Although classified under similar monikers, the symptoms can vary greatly depending on the season they occur in. Summer SAD is typically associated with a loss of appetite, insomnia and a higher risk of suicide. Conversely, winter SAD is associated with eating more and lethargy. These symptoms can occur in part because of the drastic change in weather, but also for many, the change in normal routine.

Firstly, heat can be a strong trigger as high temperatures and bright light can negatively impact certain bodies, creating a physiological imbalance that can harm their mental health. Rising temperatures also means dressing differently which can trigger body image issues.

In terms of routine, many use school or work to keep themselves grounded and on a predicated schedule. With summer vacation, normal routines get disrupted which can make an individual feel lost. Seeing others on expensive or elaborate vacations, when you possibly can't make that happen for yourself, is also a strong emotional trigger. Since summer is a time most associated with fun, it can be triggering to feel isolated or depressed, exacerbating the issue since most don't associate SAD with summer.

While most coping mechanisms for winter SAD involve getting outdoors and exposing oneself to sunlight, these tips don't translate for summer SAD. Researchers are still attempting to study this form of depression, but offer the suggestions of balancing time spent indoors (in early morning or late night when its cooler), luxuriating in cool water or simply making sure to wear sunglasses to combat the extreme light. Like winter SAD, it's imperative to keep track of your emotions and talk to those closest to you for support. If the feelings of depression persist or worsen, seek the aid of a medical professional who can find specific coping mechanisms tailored to your own individual feelings.

If you or someone you know is struggling with depression, dial 988, the nation's mental health crisis hotline.

Americans Drinking Less, Non-Alcoholic Bevs on Rise

The vast beverage market has always attempted to entice customers with clever marketing, attractive packaging and competitive pricing. But now, distributors are recognizing the importance of offering consumers various options for non-alcoholic choices. It seems that more Americans are making lifestyle choices to either cut out or significantly reduce their alcohol intake.

According to a data study from NCSolutions, over 40% of Americans say they are attempting to cut back alcohol, with that number increasing to 49% for millennials and 61% for Gen Z. As a result, the International Wine and Spirit Research say nonalcoholic drink consumption is expected to go up by at least a third in the next two years.

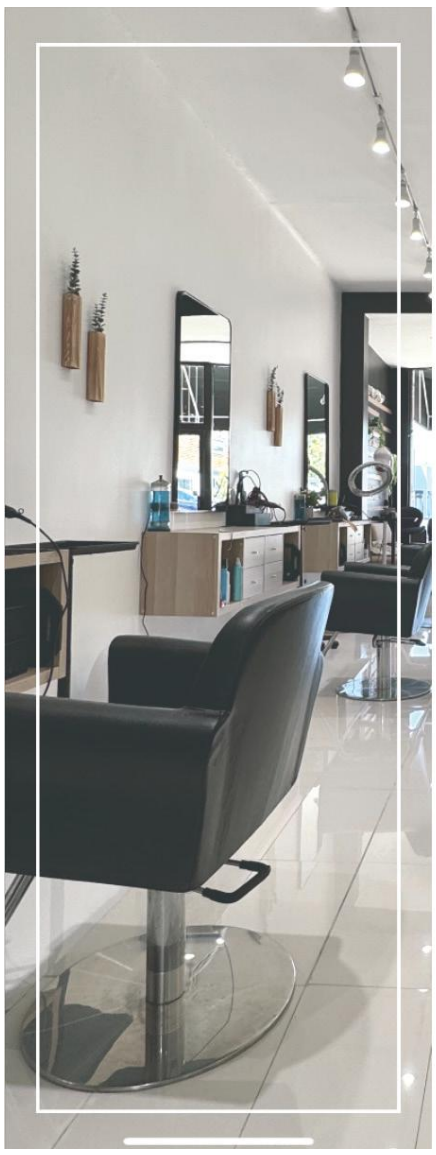
When investigating this change in beverage consumption, Gen Z seemed to be the leading force of this "sober conscious" movement, stressing the importance of prioritizing their mental health over excessive partying.

However, this is the same generation that prioritizes social media, and non-alcoholic distributors are ensuring their offerings are Tik-Tok-worthy with bold colors and quirky designs. Bottles and cans are crafted to not only be "picture perfect," but at times even hard to differentiate between their alcoholic versions so that non-drinkers don't feel excluded.

While beer and wine have typically had non-alcoholic versions, a rise in "spiritless spirits" and mocktails have become significantly more popular. Consumption of non-alcoholic beverages continues to rise each year, but perhaps the largest jump was a 31% increase from 2022 to 2023, $388.4 million to $509.6 million.

Whether for health reasons, popularity or simply personal choice, non-alcoholic beverages are being consumed more and more. While the larger beverage market has certainly shifted gears to accommodate these consumers, bars have also taken note by adding specific mocktail sections to menus and even the rare "sober bar" popping up in neighborhoods.

Thanks to options that are vast and varied, non-drinkers can still enjoy beverages without sacrificing quality or taste.



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Join us on Thursday, August 8th from 11:30 am to 3:30 pm for cocktails and casino play. Enter for a chance to win a door prize!
RSVP to 818-938-2816 by August 2nd.**

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LEISURE CARE

ENTERTAINMENT

The Reel History of the Valley

By Martin M. Cooper

More Than a Monster

KARLOFF!

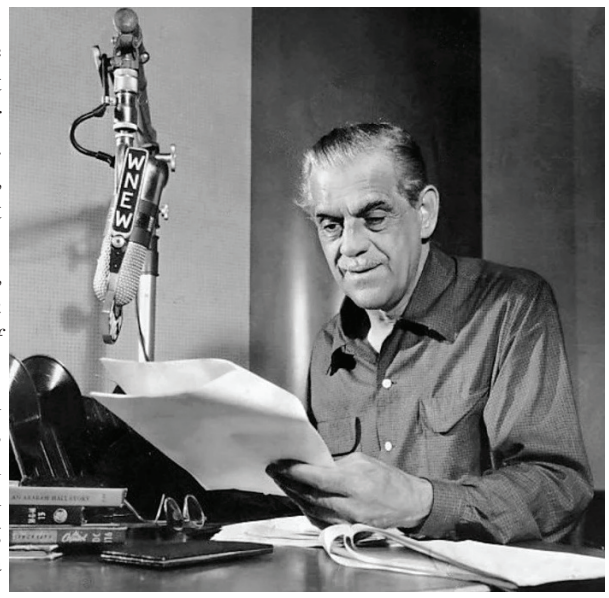
That one word conjures up cinematic scientific experiments gone awry, human-adjacent monsters rampaging through Ruritanian villages, and bodice-ripped heroines fleeing those who would steal their virtue.

In a film on Boris Karloff, fellow actor Christopher Lee said, "Throughout the 1930s and '40s, the single name, Karloff, signified mystery and terror, in the way Garbo represented allure."

Along with Bela Lugosi and a few others, Boris Karloff's monster movies in the '30s not only took moviegoers' minds off the Depression but gave a boost to Universal Studios' precarious financial position.

While film audiences best remember Karloff for his portrayal of Dr. Frankenstein's monster, he played the role in just three Universal films: *Frankenstein* (1931), *Bride of Frankenstein* (1935), and *Son of Frankenstein* (1939).

He was quoted as saying, "When I was nine, I played the demon king in *Cinderella*, and it launched me on a long and happy life of being a monster."



In 1950, Karloff hosted a regular children's show on New York's WNEW. Known for his love of youngsters, he would read children's stories, play music, and share jokes.

Born William Henry Pratt in Dulwich, England in 1887, the real Karloff was a far cry from his portrayal in Mary Shelley's 1818 novel, *Frankenstein*, or *The Modern Prometheus*.

He was modest, loved cricket and children, and was an overnight success with *Frankenstein* after toiling on stage and in films for decades; he appeared in more than 80 films before his iconic *Frankenstein* role.

He began his 52-year motion picture career in 1919, as an extra for Universal Studios in four films. In an interview, he recalled, "I appeared before the camera for the first time in a crowd scene being directed by Frank Borzage at Universal City."

As prolific as he was in films, his radio and television careers were equally impressive.

From the 1930s through the late '50s, Karloff appeared on dozens of radio programs, including *Theater Guild of the Air, NBC University Theater,* and *The Radio Hall of Fame*. He also appeared on *The Jimmy Durante Show, Martin and Lewis,* and *Jack Benny*...and, improbably, on December 22, 1937, an episode of *The Lone Ranger.*

Thriller (also known as *Boris Karloff Presents*) was an American anthology television series that aired during the 1960–61 and 1961–62 seasons on NBC. The show featured Karloff introducing a mix of macabre horror tales and suspense thrillers. Between 1934 and 1968, Karloff appeared in more than 200 television programs, just a few of which were: *Masterpiece Playhouse, Studio One, The Milton Berle Show, Truth or Consequences, Playhouse 90, The Red Skelton Show, Hallmark Hall of Fame, The Dinah Shore Show, GE Theatre,* and *The Tonight Show Starring Johnny Carson*.

His Broadway credits are no less impressive: *Arsenic and Old Lace* (1941-44), *The Linden Tree* (1948), *The Shop at Sly Corner* (1949), *Peter Pan* (1950-51), and *The Lark* (1955-56). He was nominated for a Tony for Best Performance by an Actor in a Leading Role in a Play for *The Lark*.

His album, *Dr. Seuss' How the Grinch Stole Christmas*, won the Grammy Award for Best Album for Children in 1968.

Karloff had the virtue of never taking himself too seriously. For example, on October 30, 1965, he appeared on the pop music TV show, *Shindig*, singing "The Peppermint Twist" and "The Monster Mash."

Married five times, Karloff has one daughter, Sara, who lives in Southern California. She speaks lovingly of her father, saying, "He was so much more than *Frankenstein*, more than that personally and professionally. He had this broad-based career both before and after *Frankenstein*. The publicity for monster films has led to the overshadowing of his other work.

"I would see him when I visited him in *Peter Pan*, in *The Lark*, and *On Borrowed Time*. He loved playing Captain Hook in *Peter Pan* because kids would go backstage to try on his hook. I visited him for a week when he was doing that. He said to me that he could tell I wasn't interested in being an actress because I paid more attention to Nana the dog than to him. He was respected by his fellow actors and so beloved by all who knew him personally," she said.

Sara Karloff feels that her father, like most actors "prefers the stage because of the immediate response they get… the immediate applause they get." In a TV interview he was asked how he prepared himself to go on stage: 'Well, as Alfred Lunt said, "I really don't think much about it; I wait in the wings for my cue, I check my fly, and I go on stage and try not to bump into anyone.'"

Sara concludes, with a smile of fond remembrance, of Karloff's home from 1946 to 1952: "For a while, I stayed with him in his house on Mulholland Drive; he always beat me in gin rummy, because he wanted to teach me to be a good loser."

Martin Cooper, President of Cooper Communications, supervised public relations for the Academy of Motion Picture Arts & Sciences for 10 years; held executive positions with Disney and Universal Studios; and served as Chairman of the Board of the UCLA Film & Television Archive. An award-winning author, he has written four books, two of them on the San Fernando Valley. He is currently researching his next book, the history of motion pictures in the Valley.

The Variety reviewer of Bride of Frankenstein (1935) lauded the lead actor: "Karloff manages to invest the character with some subtleties of emotion that are surprisingly real and touching." In 1998, the Library of Congress selected the film for preservation in the United States National Film Registry, deeming it "culturally, historically or aesthetically significant."

Boris Karloff was profiled on the popular TV show, This is Your Life, which aired on November 20, 1957. The noted actor is surprised by an appearance by his daughter, Sara, while host Ralph Edwards looks on. Father and daughter share the same birthday.

Clue Brings Murder and Mystery to the Ahmanson

A mansion. A murder. A mystery.

Clue is heading to the Ahmanson Theatre in Los Angeles from July 30 to August 25 for multiple nights of mystery and mayhem!

Murder and blackmail are on the menu when six mysterious guests assemble at Boddy Manor for a night they'll never forget! Was it Mrs. Peacock in the study with the knife? Or was it Colonel Mustard in the library with the wrench?

Based on the fan-favorite 1985 Paramount Pictures movie and inspired by the classic Hasbro board game, *Clue* is the ultimate whodunit that will leave you dying of laughter and keep you guessing until the final twist.

Written by Sandy Rustin, with additional material by Hunter Foster and Eric Price and based on the screenplay by Jonathan Lynn. Original music by Michael Holland.

The cast of famous characters include Colonel Mustard (John Treacy Egan), Miss Scarlet (Michelle Elaine), Mrs. Peacock (Joanna Glushak), Mrs. White (Tari Kelly), Mr. Green (John Shartzer) and Professor Plum (Jonathan Spivey).

Don't miss the production that *The New York Times* is calling "A very fun whodunit that strikes contemporary parallels on the way to its grand reveal" and "A welcome throwback to an era of physical comedy."

TheaterMania says *Clue* "reminds you what a breezy night of pure entertainment feels like."

The production runs for 75 minutes, without intermission, and contains smoke effects, haze and gunshot sound effects. The play is recommended for those ages 12 and up.

Prices for tickets start at $35 and can be purchased by visiting centertheatregroup.org or by calling the Ahmanson box office at 213-972-4400.

The Ahmanson Theatre is located at 135 N. Grand Ave. in Los Angeles.

LA City Shelters Holding Pet Adoption Sale

In an effort to help find homes for the animals in the overcrowded city shelters and to save more lives, the Paula Kent Meehan Pet Care Foundation is sponsoring the Biggies and Meow Meows Adoption Event, starting now through July 31.

During the Biggies & Meow Meows adoption month, the adoption fees for dogs over 40 lbs. are $51 (that does not include a $20 license fee for LA City residents), puppies: $75, cats: $12.50 and kittens: $25.

To see the list of animals available for adoption visit laanimalservices.com.

The Department's major area of responsibility is saving the lives of the many animals that end up at one of the six Los Angeles animal shelters.

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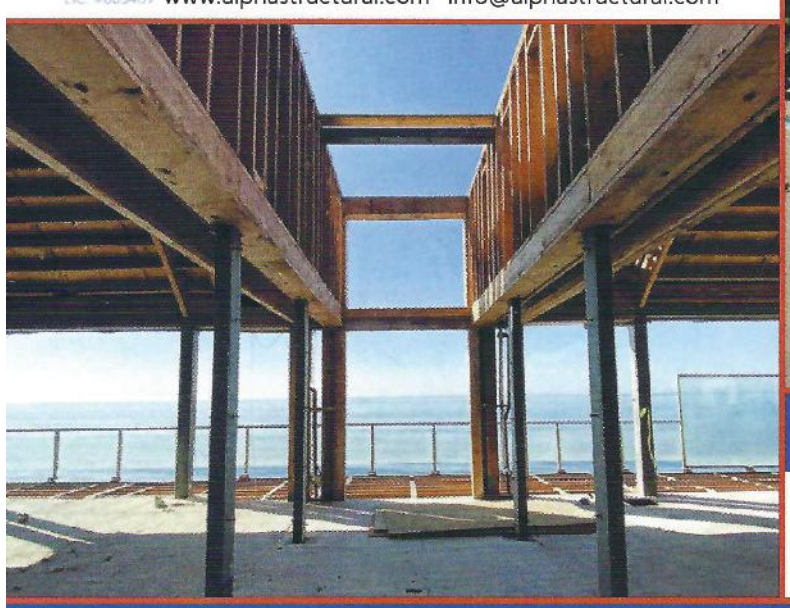

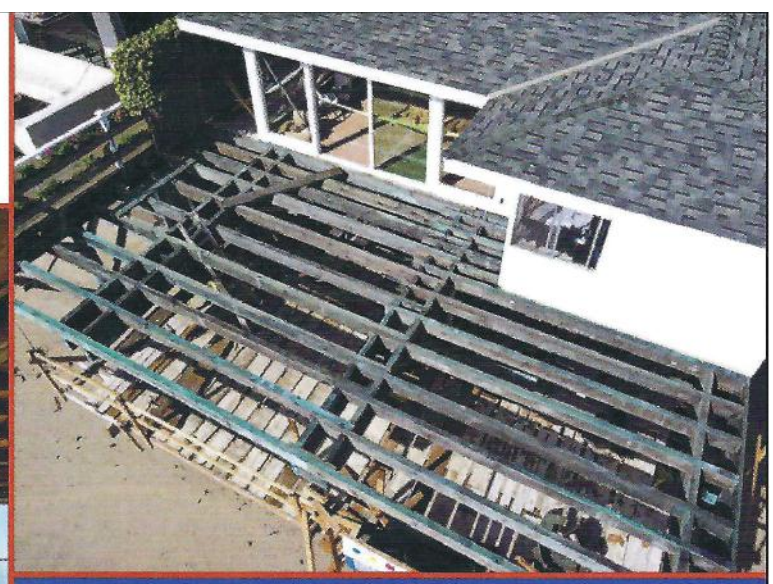

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Lineup subject to change.